

What can I do?

When it comes to the environment, this is often the first question on our lips. What can I do?

For some, this feels a daunting question, with so much to do, where do I start and can I really make a difference? For others it is a challenge and prompts an eager anticipation to get started.

For me, I simply focus on the 'can' of such a question. Not what I should do, not what I can't do, not on what someone else is doing, but on what I can do. It feels like a positive response to our climate crisis, to approach it both physically and emotionally in bite-sized chunks!

Here at St David's we are beginning our Eco Church journey. We are beginning to look at what we can do, both as individuals and as a church, towards creating a better climate for all. Eco Church is a national project providing resources, support and ideas for us to use. As we look into different areas of our church life and our individual lives, we hope to achieve bronze, silver and maybe even gold status.

We have lots of people at St David's who are passionate about what they can do and are already making changes to their lifestyles. The Eco Church project will enable us to feel part of something bigger so that our individual successes can be celebrated together. Collectively our 'bite-sized chunks' become so much more than the sum of their parts.

We would love you to share your knowledge and experience with us, and we want to know what you would like to learn about and what will help you to keep on doing what you can.

Please chat to Bev, Cathy or Liz to share your ideas, experiences or to find out more.

For more information you can register online

ecochurch.arocha.org.uk



EASY WINS THIS MONTH

Hopefully the weather will be improving soon so....

Find an item of summer clothing in a local charity shop or on vinted

Make an extra journey on foot, bike, bus or car share

Use seasonal veg in one meal a week

vegsoc.org/blog/seasonal-uk-grown-produce/



Please pray

For ideas and information see the arocha prayer diary at arocha.org.uk