

Finding Our Purpose

There's a practice which involves three steps. They're grounded in the truths we've been thinking about today's teaching (either live in the church building or in the online video). These truths are that God is the centre of our life, that we're called to become more like Jesus and to join in with his purposes and passions in and for the world.

First, have a discussion with a close loved one (or this could easily be a personal journaling project, if you prefer) in which you respond to the following questions for yourself:

- What is most important to you in your life?
- Why do you care about those things?
- Do you have any long-term goals?
- Why are these goals important to you?
- What does it mean to have a good life and be a good person?
- If you were looking back on your life, how would you want to be remembered?

Second, seek input from some other trusted people and ask them to respond to the following questions:

- What do you think I'm particularly good at?
- What are my greatest strengths?
- What do you think I really enjoy doing?
- When do you think I'm most engaged?
- How do you think I'll leave my mark on the world?

And finally, third, think about the future. Choose a timeframe that works for you, but imagine your life in 2, 5, 10, or 25 years from now. What do you see?

This is only a starting point but many people find this process helpful!

If you're struggling, ask Nick or someone else you trust to work this through with you.